



**PROCLAMATION**  
*Senior Nutrition Month*  
*March 2026*

**WHEREAS**, since 1972, the National Senior Nutrition Program has funded local agencies and organizations to serve home-delivered and congregate meals that help to ensure older adults have opportunities to stay healthy, independent, and connected; and

**WHEREAS**, more than 10 million older Americans face hunger each year and food insecurity disproportionately impacts older adults with limited ability to obtain food or prepare meals; and

**WHEREAS**, local senior nutrition programs help older adults access healthy foods, nutrition screening, education, counseling, social opportunities and other supports that encourage well-being; and

**WHEREAS**, the Senior Nutrition Program is having a positive impact on our community and its senior members, as demonstrated by more than 1,000 congregate meals served per month and more than 75 Meals-on Wheels home deliveries served daily.

**NOW, THEREFORE**, I, E. Kirk Rivers, Mayor of the City of Elizabeth City do hereby proclaim the month of March 2026 as **Senior Nutrition Month** in Elizabeth City and urge all citizens to recognize older adults and the people who support them through nutrition services as essential contributors to the strength of our community.

**PROCLAIMED** this 23<sup>rd</sup> day of March 2026.

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E. Kirk Rivers  
Mayor

*Attest:*

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April D. Onley, NCCMC  
City Clerk